Mountain Weather Forecast

Northwest Highlands

Including Sutherland, Ben Wyvis, Wester Ross, The Cuillin, Glen Affric, Glen Shiel and Knoydart
Forecast valid from 06:00 on Thursday 30 Jun 2022 until 23:59 on Friday 01 Jul 2022

Forecast Issued on Thursday 30 Jun 2022 at 03:12 by Met Office Aberdeen

Confidence: High for showery weather over the next few days, lower for timing of showers and extent of more persistent rain on Friday.

Headline for Thursday 30 Jun 2022: Dry start then clouding over with some showers, heavy in places.

Mountain weather hazards on Thursday 30 Jun 2022

Blizzards
No Likelihood

Heavy persistent snow
No Likelihood

Storm force winds
No Likelihood

Gales
No Likelihood

Severe chill effect
No Likelihood

Poor visibility
Low Likelihood

Thunderstorms
Low Likelihood

Heavy persistent rain
Low Likelihood

Strong sunlight
Medium Likelihood

Weather and chance of precipitation at 800m					
Time					
06:00	09:00	12:00	15:00	18:00	21:00
Sunny intervals	Dull	Light rain	Heavy rain showers	Sunny intervals	Sunny intervals
Precipitation probability					
10%	10%	50%	50%	20%	10%

Forecast for Thursday 30 Jun 2022

Weather: Dry in the morning, with some clear or sunny intervals best over Skye and west coast ranges. Cloud thickening from east bringing some showers to mainland hills in the afternoon, but Skye staying dry. Becoming dry generally with clearing skies in the evening.

Chance of cloud-free hill tops above 800m: 80%, falling 40% in the north in the afternoon.

Low cloud and visibility: Cloud descending to 500-750m in the north in the afternoon and occasionally poor visibility due to showers below the cloud. Remaining good on the west coast and becoming good more generally in the evening.

Check our weather forecast every day to get the most accurate and up to date information
http://www.metoffice.gov.uk/public/weather/mountain-forecast
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Forecast for Thursday 30 Jun 2022

Height (m)	Wind Speed mean/gusts (mph) Wind Direction (blowing from)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	10/12 SE	6/7 SE	8/10 SW	11/15 SW	15/21 SW	17/21 SW	15/19 SW
900	9/10 SE	5/7 SE	7/10 SW	11/14 SW	15/20 SW	16/21 SW	15/19 SW
600	5/7 SE	5/6 SW	6/9 SW	10/13 SW	14/19 SW	11/17 SW	10/15 SW
300	0/5 SE	1/4 SE	3/8 SW	4/12 SW	6/17 SW	3/15 SW	3/13 SW
Glen	1/2 NW	1/2 W	3/6 W	5/9 W	8/15 SW	4/12 S	4/10 SW

Height (m)	Temperature / Feels Like (°C)						
	06:00	09:00	12:00	15:00	18:00	21:00	00:00
1000	7/4	7/5	7/5	7/4	7/3	6/1	6/2
900	8/5	8/6	8/6	8/5	8/4	6/2	6/3
600	10/8	10/9	10/9	11/9	10/8	9/6	8/6
300	11/11	12/12	13/13	13/13	13/12	11/11	10/9
Glen	13/13	14/14	15/15	16/15	16/14	13/13	12/12
Freezing Level*	2000m	2000m	2000m	2000m	2000m	1900m	1900m

**Level above which ground is expected to be frozen/snow is expected to settle.*

Met Office Aberdeen Meteorologist's View
Nothing extra

Forecast for Friday 01 Jul 2022
Weather: Mainly dry at first apart from thicker cloud and spots of rain towards the west coast. Then cloud building and showers breaking out, some heavy especially in Sutherland, where some longer spells of rain may develop. Rain or showers dying out in the evening.

Maximum wind: Variable 10mph.

Chance of cloud-free hill tops above 800m: 90%, falling 20% in north.

Low cloud and visibility: Good at first but occasionally moderate to poor in showers or rain, and very poor where cloud lowers to 750m in the north.

Temperature: **Glens:** 10 Celsius at dawn rising to 18 in the afternoon in the south, but nearer 14 where longer spells of rain develop in the north
At 800m: 8 Celsius rising to 10 for a time in south.
Freezing level: Above summits.

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